Doing an internship in the Netherlands - for International UvA Students

I am registered as a UvA student and obtained a student residence permit through the UvA.

YES

NO

Please consult the IND website.

I have a European Economic Area or Japanese nationality.

YES

My nationality is Croatian.

YES

NO

The internship is a component of my study programme. This means that the internship is officially approved by your faculty.

YES

NO

I will remain registered as a student at the UvA during the internship. This means that I have not yet graduated and still have a study permit.

YES

NO

I have Dutch basic health insurance. This is not the same as International student insurance.

YES

NO

You need Dutch health insurance.

DONE

You need to sign a trainee agreement.

DONE

You need a work permit.

DONE

You can apply for a graduate orientation year permit* in the Netherlands.

YES

NO

You can start your internship.

*Working or doing an internship in the Netherlands after graduation requires a work permit. However, the government allows you to apply for an orientation year permit so you have time and legal space to find a job or internship. After the orientation year, your employer can apply for your residence and work permit.

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# Doing an internship in the Netherlands - for International UvA Students

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<th><strong>Explanation</strong></th>
<th><strong>How to</strong></th>
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<tr>
<td><strong>You need to sign a trainee agreement.</strong></td>
<td>The official name of this agreement is COSPA. Also known as the Nuffic internship agreement, this agreement needs to be filled out by you and signed by (1) the internship company, (2) the student (you) and (3) your study programme coordinator/internship coordinator. Because this internship is part of your study programme, it will have to be officially approved by your faculty/study. The study programme coordinator/internship coordinator will not always sign the COSPA agreement for all internships. In many cases the education only approves the internship if it meets certain quality criteria and if it is done within an internship elective for ECTS. The student is responsible for taking the steps in the agreement; such as making an internship report approved (signed) by employer and university.</td>
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<tr>
<td><strong>You need a work permit.</strong></td>
<td>The official name of this permit is TWV (Tewerkstellingsvergunning). If you have a permit for study purposes you are allowed to study and live in the Netherlands but you are not allowed to work in the Netherlands. If you want to do an internship, the internship company will need to apply for a TWV work permit for you at the UWV. If this does not happen you risk losing your Dutch visa and the company risks a penalty of €15,000.</td>
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<tr>
<td><strong>You can apply for a graduate orientation year permit in the Netherlands.</strong></td>
<td>The orientation year permit for graduates in the Netherlands is a one-year permit that allows recent graduates to live and work in the Netherlands without a work permit for one year. You can apply for this one-year permit within 3 years of your graduation. It costs €622 to apply for this permit. It is important that you have obtained this permit by the time you start any activities after your official graduation that would require you to have a work permit. If you start an internship with an employer in the Netherlands after graduation without having obtained an orientation year permit you will be working illegally.</td>
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<tr>
<td><strong>You need Dutch basic health insurance.</strong></td>
<td>Students must take out Dutch basic health insurance if they are payed a gross compensation of more than €150 per month or €1,500 per calendar year. In such cases, private student health insurance is not enough. Students who do not have Dutch health insurance during their internship risk a penalty of the total health insurance costs of the period worked plus 30% of these costs. In some cases, the Dutch government allows students to apply for health care benefits. We recommend that you apply for these benefits. However, it can take some time to for this application to be reviewed.</td>
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For more Information: please contact the UvA immigration desk at [UvAstudentservices@uva.nl](mailto:UvAstudentservices@uva.nl) if you have more (specific) questions.

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