

## **CURRICULUM VITAE: DR. FRANCINE C. JELLESMA**



### ***Personal Details***

Work address: Francine C. Jellesma  
University of Amsterdam  
Faculty of Social and Behavioural Sciences  
Child Development and Education  
PO 94208 1090 GE Amsterdam The Netherlands  
Phone: +31 (0)20 5251529  
Internet: <http://home.medewerker.uva.nl/f.c.jellesma>  
E-mail: [F.C.Jellesma@uva.nl](mailto:F.C.Jellesma@uva.nl)  
Date of birth: December 11, 1981

### ***Current Position***

Assistant professor, Child Development and Education, University of Amsterdam

### ***Education***

2010: Basic Teaching Qualification (Basiskwalificatie Onderwijs)  
2004-2008: Ph.D. in Developmental Psychology. Thesis title: Somatic Complaints in Childhood: How they are related to children's emotional and social functioning  
2004-2008: Courses in:  
History and Groundings of Thinking about Education and Development, Longitudinal Data Analysis, Multivariate Analysis, Psychophysiology, Structural Equation Modeling, Writing English for Publication, Writing Skills, Writing techniques and APA guidelines, Presentation Skills.  
2000-2004: Master of Science (*cum laude*), Developmental Psychology, VU University, the Netherlands. Dissertation title: The Emotional Experience of Children with Functional Abdominal Pain: Alexithymia, Mood, Depression and Sense of Coherence.

### ***Research Interests***

My research interest is in children's social and emotional development.

### ***Teaching Experience***

2012-present:	Coordinator Social Emotional Development in Day Care Centers and Primary School. University of Amsterdam.
2012:	Lecture. Internalizing Problems: Intervention at Primary School. Interventions in the Orthopedagogics. University of Amsterdam.
2010-present:	Research for primary school education (ULP-onderzoek, UPvA)
2010-present:	Student counseling for primary school education (UPvA)
2009-present:	Course development.
2009-present:	Lectures on Teacher-Student Relationships. University of Amsterdam.
2008-present:	Lectures on Socio-Emotional Problems in the Context of School and Learning Problems. University of Amsterdam.
2008-present:	Lecture on Pediatric Psychosomatic Psychology. University of Amsterdam.
2004-present:	Supervisor & Second Reader of Master Thesis students
2008-2011:	Supervisor of Bachelor Research Projects.
2004-2011:	Supervisor of Bachelor Thesis students
2010:	Guest Lecture. Developmental Psychology. Pabo. Hogeschool van Amsterdam. April 2010, March, 2010.
2009-2010:	Development Committee Universitaire PABO van Amsterdam
2007-2008:	Workgroup Facilitator. Socio-Emotional Development.
2007-2008:	Guest Lecture. Emotions and Health. Somatic Complaints in Children. Tilburg University. Oct. 2007, 2008.
2005-2008:	Guest Lecture. Developmental Psychopathology. Psychological Factors & Health Problems in Young People. Leiden University. Nov. 2005, Nov. 2006, Nov. 2007, Oct. 2008.
2007:	Coordinator & Facilitator. Somatisation sessions of the research master course: (A)typical Emotional Development: Autism, Deafness and Somatisation.
2006-2007:	Lecture. Socio-Emotional Development. Social Competence and Social Relationships. Leiden University.
2006:	Guest Lecture. Student Exchange Program the Netherlands-Denmark, facilitated by Leiden University. Children's Friendships. March 2006.
2005-2006:	Workgroup Facilitator. Introduction to Developmental and Educational Psychology. Leiden University.

### ***Professional Activities and Associations***

- Supervision Ph.D.: *Yes I Can*. De Jong, B. Child Development and Education, University of Amsterdam. Promotoren: Dr. de Jong, Dr. Koomen, & Dr. Jellesma.
- University Visit: Visit to the Mind-Body research team of Prof. R. Dahl, Pittsburgh, USA (2007)
- Reviewer: Infant and Child Development (2013); Cognition and Emotion (2012); Journal of Psychosomatic Research (2011, 2012); Psychology and Health (2010); British Journal of Educational Psychology (2010); Journal of Happiness Studies (2008, 2009); Journal of Psychosomatic Research (2008); Personality and Individual Differences (2006, 2007, 2008); Journal of Pediatric Psychology (2007); Social Science & Medicine (2006, 2009)
- Editorial Board: European Review Studies (2012-present)  
Sofie Rousseau, PhD thesis: *Somatisation in adolescents: associations with family characteristics*. Leuven University Supervisors Dr K. Van Leeuwen; Copromotoren: Dr Hans Grietens (Rijksuniversiteit Groningen, NL), Dr Johan Vanderfaeillie (Vrije Universiteit Brussel). PhD received January 2014.
- Conference: Local Arrangements Committee of the 37th Annual Meeting of the Jean Piaget Society Amsterdam, the Netherlands (2007)  
Presenter at the “Congres Angst bij kinderen; ontstaan, preventie, begeleiding en behandeling” (Dec, 2009). Teacher-Student Relationship. Koninklijk Instituut voor de Tropen, Amsterdam.
- Committee: Education Committee Universitaire PABO van Amsterdam (2011-2013)  
Development Committee Universitaire PABO van Amsterdam (2009/2010)  
Education Committee UvA (2009, 2010)  
Social Committee UvA (2008/2009; 2009/2010)  
Departmental Master Thesis Awards Committee (2008/2009, UvA)  
Faculty Masters Thesis Awards Committee (2004/2005, 2005/2006, Leiden University)
- Memberships: International Society for Interpersonal Acceptance and Rejection  
Institute for the Study of Education and Human Development  
Pediatrische Psychologie Netwerk Nederland

### ***Other Employment Experience***

- 2009-currently: Different trainings for small groups of primary school children and individual counseling (e.g., social skills, fear of failure reduction). Several settings. Voluntary work.
- 2008-2010: Post doc researcher Research Institute Child Development and Education, University of Amsterdam
- 2004-2008: PhD Student, Developmental Psychology, Leiden University-Institute for Psychological Research, the Netherlands
- 2004: Student Assistant, Leiden University (Summer Period)
- 2003-2004: Internship. Department of Child Medical Psychology. VU Medical Centre, Amsterdam.
- 2002-2003: Discriminative Trial and Error Training (applied to children with autism). AT&C ABA Training and Consultancy, Gouda.
- 1997-2004: Fear of Failure reduction training for adolescents and tutor in maths. CSB School, Amsterdam.
- 1997-2000: Voluntary work. Children's Summer Camp Agnes, Amsterdam.

### ***Awards/Honors/Grants***

- 2010: Jellesma, F.C., Jong, P.F. de, Koomen, H. M.Y. (2010). Yes I Can: Weerbaar worden tegen negatieve Stereotypen. Contest of the Ministry of Education, Culture, and Science (Onderwijs Bewijs Actieprogramma II).
- 2009: Presentation award (2<sup>nd</sup>), Longitudinal emotional and social influences on childhood somatic complaints, First Pediatric Psychology Symposium, Amsterdam, the Netherlands.
- 2007: Travel Grant for visiting the University of Pittsburgh, research team of Prof. R. Dahl, Leiden University Fund, the Netherlands.
- 2006: Best paper award, Write it Right-Or should that be correctly, University of Amsterdam, the Netherlands.
- 2006: Grant for visiting the Conference of the European Health Psychology Society, Leiden University Fund, the Netherlands.
- 2004: Graduation Cum Laude, VU University, the Netherlands.

## ***Publications***

### International Articles and Book Chapters

- Jellesma, F.C. (2013). Stress and yoga in children. *Journal of Yoga and Physical Therapy*, 3, 136. doi: 10.4172/2157-7595.1000136
- Jellesma, F.C. (2013). Do glasses change children's perceptions? Effects of eyeglasses on peer- and self-perception. *European Journal of Developmental Psychology*, 4, 449-460. doi: 10.1080/17405629.2012.700199
- Jellesma, F.C. & Hoffenaar, P.J. (2013). Parental Website-Descriptions of Children's Imaginary companions. *Psychologica Belgica*, 53, 117-124.
- Jellesma, F.C. & Vingerhoets, A.J.J.M. (2012). Crying in middle childhood: A report on gender differences. *Sex Roles*, 67, 412-421. doi: 10.1007/s11199-012-0136-4
- Jellesma, F.C. & J. Cornelis. (2012). Mind Magic : A pilot study of preventive mind-body based stress-reduction in behaviorally inhibited and activated children. *Journal of Holistic Nursing*, 30, 55-62. doi: 10.1177/0898010111418117
- Jellesma, F.C., Faddegan, K., & Van der Veek, S.M.C. (2011). Children with somatic complaints: Do they show a somatic attention bias. *Netherlands Journal of Psychology*, 66, 78-84.
- Jellesma, F.C., Rieffe, C., Meerum Terwogt, M., & Westenberg, P.M. (2011). Children's sense of coherence and trait emotional intelligence: A longitudinal study exploring the development of somatic complaints. *Psychology & Health*, 26(3), 307-320. doi: 10.1080/08870440903411021
- Legerstee, J.S. Garnefski, N., Jellesma, F.C., Verhulst, F.C., & Utens, E.M.W.J. (2010). Cognitive coping and childhood anxiety disorders. *European Child & Adolescent Psychiatry*, 19, 143-150. doi: 10.1007/s00787-009-0051-6
- Jellesma, F.C., Verkuil, B., & Brosschot, J. (2009). Postponing Worrisome Thoughts in Children: The Effects of a Postponement Intervention on Perseverative Thoughts, Emotions and Somatic Complaints. *Social Science & Medicine*, 69, 278-284. doi: 10.1016/j.socscimed.2009.04.031
- Jellesma, F.C., Rieffe, C., Meerum Terwogt, M., & Westenberg, P.M. (2009). Do I feel sadness, fear or both? Comparing self-reported alexithymia and emotional task-performance in children with many or few somatic complaints. *Psychology & Health*, 24, 881-893. doi: 10.1080/08870440801998970

- Jellesma, F.C., Rieffe, C., & Meerum Terwogt, M. (2008). My peers, my friend, and I: Peer interactions and somatic complaints in boys and girls. *Social Science & Medicine*, 66, 2195-2205. doi: 10.1016/j.socscimed.2008.01.029
- Jellesma, F.C. (2008). Health in young people: social inhibition and negative affect and their relationship with self-reported somatic complaints. *Journal of Developmental and Behavioral Pediatrics*, 29, 94-100. doi: 10.1097/DBP.0b013e31815f24e1
- Jellesma, F.C., Rieffe, C., Meerum Terwogt, M., & Westenberg, P.M. (2008). Do parents reinforce somatic complaints in their children? *Health Psychology*, 27, 280-285. doi: 10.1037/0278-6133.27.2.280
- Rieffe, C., Meerum Terwogt, M., Jellesma, F.C. (2008). Emotional competence and health in children. Denollet, J., Nyklicek, I., & Vingerhoets, A. (eds). *Emotion Regulation: Conceptual and Clinical Issues*. New York: Springer. pp. 184-201.
- Jellesma, F.C., Rieffe, C., & Meerum Terwogt, M. (2007). The Somatic Complaint List: Validation of a self-report questionnaire assessing somatic complaints in children. *Journal of Psychosomatic Research*, 63, 399-401. doi: 10.1016/j.jpsychores.2007.01.017
- Rieffe, C., Meerum Terwogt, M., Bosch, J.D., Kneepkens, C.M.F., Douwes, C., & Jellesma, F.C. (2007). Interaction between emotions and somatic complaints in children that did or did not seek medical care. *Cognition & Emotion*, 21, 1630-1646. doi: 10.1080/02699930701238495
- Garnefski, N., Rieffe, C., Jellesma, F., Meerum Terwogt, M., & Kraaij, V. (2007). Cognitive emotion regulation strategies and emotional problems in early adolescents: The development of an instrument. *European Child & Adolescent Psychiatry*, 16, 1-9. doi: 10.1007/s00787-006-0562-3
- Jellesma, F.C., Rieffe, C., Meerum Terwogt, M., Kneepkens, C.M.F. (2006). Somatic Complaints and Health Care Use in Children: Mood, Emotion Awareness and Sense of Coherence. *Social Science & Medicine*, 63, 2640-2648. doi: 10.1016/j.socscimed.2006.07.004
- Meerum Terwogt, M., Rieffe, C., Miers, A.C., Jellesma, F.C., & Tolland, A. (2006). Emotions and self-esteem as indicators of somatic complaints in children. *Infant and Child Development*, 15, 581-592. doi: 10.1002/icd.479

### Book Reviews

- Jellesma, F.C. (2009). [Review of the book Childminder's Guide to Child Development]. *Education Review*, april.
- Jellesma, F.C. (2008). [Review of the book The Living Classroom]. *Education Review*, dec.
- Jellesma, F.C. (2008). [Review of the book Are We Listening? Making Sense Of Classroom Behaviour With Pupils And Parents]. *Education Review*, sept.

### Conference Papers and Presentations

- Jellesma, F. C. & Koomen, H. M. Y. *Teacher-Child Relationships in Middle Childhood: The Importance of Positive Relationship Experiences for Children*. Paper presentation at the International Society for Interpersonal Acceptance and Rejection Biennial Meeting 2010, Padova, Italy.
- Jellesma, F.C. (March, 2010). Discussant at the symposium "Caring and teaching: The importance of interpersonal relationships between professional educators and children", ISED, Amsterdam.
- Jellesma, F.C. & Holmes, B.M. (2009, April). *Emotional Intelligence and the Parent-Child Relationship*. Paper symposium presented at the 2009 SRCD Biennial Meeting, Denver, USA.
- Jellesma, F.C. Rieffe, C., Meerum Terwogt, M., & Westenberg, P.M. (2009, April). *Longitudinal Emotional and Social Influences on Childhood Somatic Complaints*. Poster presented at the 2009 SRCD Biennial Meeting, Denver, USA.
- Jellesma, F.C., Rieffe, C. (2007, October). *Emotion Expression and Psychopathology in Children*. Poster presented at the NWO Cognition Autumn School: Learning and Social Cognition.
- Jellesma, F.C. (2007, October). *Non-productive thoughts, cognitive emotion regulation and children's health*. Symposium presented at the fourth international conference on The (Non)Expression of Emotions in Health and Disease, Tilburg, the Netherlands.
- Jellesma, F.C., Rieffe, C., Meerum Terwogt. (2006). Do nonproductive thoughts contribute to more somatic complaints in children [Abstract]. *Psychology and Health*, 21(Suppl.1), 72-73.
- Jellesma, F.C., Rieffe, C., Meerum Terwogt, M. (2006, May). *Emotional Problems and Somatic Complaints in Children*. Poster presented at the Consortium of European Research on Emotion, Louvain-la-Neuve, Belgium
- Jellesma, F.C., Rieffe, C., Meerum Terwogt, M., & Kneepkens, C.M.F. (2005, July). *Emotion awareness, mood and health in children*. Poster presented at the XIII Conference of the International Society of Research on Emotions, Bari, Italy.
- Jellesma, F.C., Rieffe, C., Meerum Terwogt, M., Garnefski, N., & Westenberg, P.M. *Coping and health in children*. (2005, July). Poster presented at the XIII Conference of the International Society of Research on Emotions, Bari, Italy.
- Miers, A. C., Rieffe, C., Blöte, A. W., Jellesma, F. C., & Westenberg, P. M. (2005, July). *Social Anxiety: What about emotional competence?* Poster presented at the XIII Conference of the International Society of Research on Emotions, Bari, Italy.
- Jellesma, F.C., Rieffe, C., Petrides, K.V. (2005, October). *Emotion awareness and trait emotional intelligence in children*. Poster presented at the NWO Cognition Summer School: The Heart and the Mind: Approaches to Emotion and Attention.

### Dutch Articles

- Jellesma, F.C. (2013). Emotieherkenning op de basisschool: Evaluatie van 'Wat zegt mijn gevoel'. *Kind en Adolescent*, 2, p. 70–79
- Jellesma, F.C. (2011). Pesten op school en in de virtuele wereld. *Kind en Adolescent*, 32, 175-177.
- Jellesma, F.C. (2009). Stress en lichamelijke klachten bij kinderen. *De Fysiotherapeut*, 2, 6-7.
- Jellesma, F.C., Rieffe, C., Meerum Terwogt, M., & Westenberg, P.M. (2009). Lichamelijke klachten bij kinderen: Vindt er bekrachtiging plaats door positieve ouderreacties? *Kind en Adolescent*, 30, 24-35
- Jellesma, F.C. & Jellesma, A. (2008). Gezondheidszorg gerelateerde ervaringen van Nederlandse kinderen: Het beeld dat zij hebben van huisartsen en ziekenhuizen. *Tijdschrift voor Gezondheidswetenschappen*, 31, 35-141.
- Jellesma, F.C., Meerum Terwogt, M., & Rieffe, C. (2006). De Nederlandstalige sense of coherence vragenlijst voor kinderen. *Gedrag en Gezondheid*, 34, 18-26.
- Jellesma, F.C., Rieffe, C., Meerum Terwogt, M., Bosch, J.D., Kneepkens, C.M.F. & Kindermann, A. (2006). Emotioneel functioneren van kinderen met lichamelijke klachten. *Tijdschrift voor Gezondheidswetenschappen*, 3, 139-150.
- Jellesma, F.C., Meerum Terwogt, M., Reijntjes, A., Rieffe, C. & Stegge, H. (2005). De vragenlijst Non-Productieve Denkprocessen voor Kinderen (NPDK): Piekeren en rumineren, *Kind en Adolescent*, 26, 368-378.

### Dutch Book Reviews

- Jellesma, F.C. (2008). [Review of the book *The Hurried Child: Growing Up too Fast too soon*]. *Kind en Adolescent*, 29, 122-123.

### ***Languages and Computer Skills***

Languages: Dutch (*native*), English, German

Computer skills: Microsoft Office, SPSS, EQS, MLwiN, Mplus, Internet programming