



UNIVERSITY OF AMSTERDAM



Start Newsletter

for international students



Pick-up service

On Friday, 16 and Monday, 19 August 2019, between 07:00 and 16:00, the UvA

offers new international students a free pick-up service from Amsterdam Schiphol Airport, also for students arriving by train.

- The shuttle bus will take you to the university to have an all-inclusive Start appointment.
- If you are renting with De Key or DUWO, you will also collect your key.
- Please sign up beforehand for this Pick-up service, and check the video for an impression of your arrival at the UvA.

[Sign up →](#)



Start appointment

To ensure a smooth start in Amsterdam, every arriving international student is invited for a Start appointment, to get help with University and government formalities.

[Start appointment →](#)



Buddy program

Get to know a Dutch (or local) student and expand your social circle, someone with a global mindset and an openness towards each other's cultures, who knows the local treats of Amsterdam, someone who can answer your questions about town, the UvA or Dutch ways. Sign up for the ISN Amsterdam Buddy Program and you'll get a match with a local student who shares your interests.

[Sign up before 11 August →](#)

Insurance penalty

You are required by law to have appropriate health insurance for the duration

of your stay in the Netherlands. If you do not have insurance, you risk having to pay a penalty. You may also receive a notice from the Dutch government organization **CAK Netherlands Healthcare Institute** that you are not insured and will be fined, even if you have already arranged insurance for your stay in the Netherlands, through e.g. AON or EHIC. When you get this letter (in Dutch) you always have to act. Read how to appeal against this letter on our Insurance website.

Read more on uva.nl/insurance →



Living expenses in Amsterdam

Expect to spend about €900-€1400 a month on living expenses in Amsterdam or surroundings (tuition fees not included). For a rough breakdown, go to the link below. Make sure you can cover all your expenses before you come to Amsterdam as it's not easy to find additional funding once you've arrived. Most scholarships, for instance, have to be applied for while you're still in your home country.

Living expenses in Amsterdam →

Student ID card

You will receive your student ID card during your Start appointment, after [uploading your photo](#) **before Monday, 5 August 2019.**

Previous Start Newsletters

The Start Newsletter is sent from June to the beginning of September. Previous editions are available online.

[Previous editions Start Newsletter](#) →

Editors: UvA Student Services. Contact us through UvAStudentservices@uva.nl.

You are receiving this newsletter to help you prepare for your study programme at the University of Amsterdam.



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