



September 2023

Career workshop for international spouses

University of Amsterdam and VU Amsterdam are delighted to offer support to newly arrived international spouses or partners to the Netherlands with a tailor-made group career workshop.

The objective is to address the most important elements of applying for a job in the Netherlands, such as:

- Producing a good CV and motivation letter in line with the Dutch labour market
- Job hunting techniques - how to find a job, including recruitment agencies and LinkedIn
- The importance of networking and practicing the 'elevator pitch'
- Interview techniques: preparation, practicing (in role plays), questioning and answering techniques (using STAR)

This workshop is interactive, practical and informative. You will also have the opportunity to meet and network with other partners who are in a similar position to yourself.

Practical information

The workshop will be delivered in two parts: 21 and 28 September 2023 (10:00 - 14:00h), starting at 10:00 am for 4 hours, lunch included. Location: VU Campus.

Register

You can register here. There is a limited amount of available spots. If you have any questions, please e-mail: hr-opleidingen-bb@uva.nl.

Trainer profile

Teresa Moynihan, Career Transition Consultant (coaching and training), Dual Career specialist

Specialising in career transition, career management and talent development programmes, Teresa Moynihan has a wealth of experience in developing coaching and training initiatives for businesses and for the international community. Based in The Hague, she has been managing her own coaching and training practice since 2010. She has extensive experience in supporting dual career partners as well as organisations, teams and individuals going through change and career transition.

Her credentials are as follows:

- Certified and Licensed Career Counsellor and Coach, accredited by the Association of Coaching (UK).
- Postgraduate qualification in Career and Talent Management (Kingston University, UK)
- International Systemic Team Coaching Certificate (Academy of Executive Coaching, UK)
- Certified to deliver psychometric assessments (accredited by the British and European Associations of Psychologists)
- Licenced Balance™ coach

More information for international staff: <https://www.uva.nl/en/about-the-uva/working-at-the-uva>