



UvA Start Newsletter

no. 6 - 23 August 2023

Arrived in Amsterdam

Dear **student**,

The sun is shining, students are filling up the campuses, and we are excited! Hopefully, you had a safe journey and a smooth start after you arrived in Amsterdam. Perhaps you're starting to feel at home already? In case you have any **practical questions left upon arrival**, visit the **Arrival Desk** in the E hall of the Roeterseiland campus, **on Monday, 4 September from 11:00-15:00**. Your [study programme](#) can help you with study-specific matters. We wish you a good start at the UvA!

[Find more details on uva.nl/uponarrival](https://uva.nl/uponarrival) →



Register with the municipality

Whether it's Amsterdam, Haarlem or Purmerend, as an international student, **you must always register in the municipality where you are going to live.** The BSN number you will receive is needed to open a bank account, visit a doctor or receive hospital treatment. The UvA has made special arrangements with the municipalities of Amsterdam and Diemen to easily register its students.

Check out what to bring and when to visit →



Career guidance during and after uni

Did you know the UvA has a Student Careers Centre? Career coaches can help you with more than you might think! **Check out what services are available in the video and find details on career.uva.nl.**

Watch the video →

Student charter and code of conduct

The Students' Charter covers various topics of importance to UvA students, such as rules and regulations, rights, and duties. Find more info about studying in the Netherlands in the [Code of Conduct International Student in Dutch Higher Education](#).

UvA Students' Charter →



Free sports membership for the remainder of 2023: the USC Deal!

[This information only applies to Bachelor students.]

Explore a wide range of sports and meet your peers! The UvA offers you, as a first-year bachelor's student, a membership to its own sports centre, USC. Try fitness, yoga, kickboxing, basketball, bouldering and more, seven days a week. **Membership is free until 1 January 2024!** Keep an eye on your email box for **the code you'll receive mid-September.**

[Check it out on the UvA student website →](#)



All information in one place: student.uva.nl

Your studies are about to begin, and a lot of information is likely coming your way. At the UvA, **it's important to remember one website:** student.uva.nl. Here, you will find all the information you need during your studies, easily check your schedule and your study results, stay informed about the latest news, and discover events you don't want to miss. Moreover, you can go there for all your questions, and can opt to receive push notifications for important updates.

[Visit student.uva.nl →](https://student.uva.nl)



UvA podcast for Internationals

International UvA students Saya (BA in Psychology, from Peru) and Juan (MA in Biomedical Sciences, from Spain) have created a podcast, in which they share their **first-hand experience with topics that every prospective international UvA student deals with**. Take a walk through your new surroundings while you discover everything you need to know as a prospective UvA student in our International Student Podcast!

[Listen on Spotify →](#)



25% off merch items in Back to Uni offer

Want to kick off your UvA journey with merch to represent your uni? Head over to the UvAshop, which is located at Spui 23, in the heart of Amsterdam, or check out our online store. Our merch collection includes hoodies, jumpers, t-shirts, water bottles, bicycle accessories, school supplies, and more. As a student, you get a year-round 20% discount in-store upon showing your UvA ID. However, you get 25% off selected items in the Back to Uni Sale from **28 August through 9 September 2023**. Use promo code UVA-BACK-TO-UNI online or come visit us on Spui 23.

[Check out the UvAshop →](#)

Editors: UvA Student Services. Contact us through the [UvA Central Student Service Desk](#).

You are receiving this newsletter to help you prepare for your study programme at the University of Amsterdam, once every two or three weeks, from June up to the first week of September.

Images: UvA Beeldbank, Unsplash and Freepik.



If you no longer want to receive this newsletter: [unsubscribe here](#)
