



UvA Start Newsletter

no. 7 - 07 September 2023

Dear **student**,

The academic year has finally begun! Thousands of you participated in the general introductions, and walked the red carpets on a sunny first day. We hope you are finding your way around campus, have your books sorted, and have already met some nice, like-minded people. In this final edition, you'll find some last tips for your time at the UvA. **We wish you all the best!**



Become an international student ambassador

[This information applies to all students except Exchange students]

Want to **help prospective international students** get to know the UvA? Applications are now open for our International Student Ambassadors team!

As student ambassador Julia explains in [this video](#), our ambassadors help make prospective students' lives easier by answering questions and sharing personal experiences, so that they don't have to navigate their UvA journey alone.

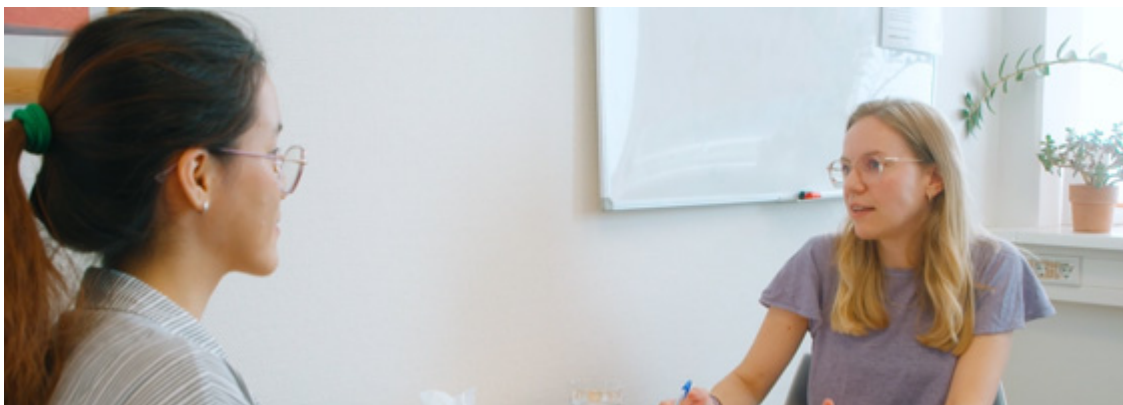
Interested? Please sign up before 15 September →



Extended registration period at the Municipality of Amsterdam

Have you managed to register with the municipality yet? To mitigate long queues, the Municipality of Amsterdam has extended their registration days for UvA students by an additional week. **From Monday, 18 September until Friday, 22 September, 9:00-16:00 CEST**, you are welcome without an appointment. Don't forget this important item on your checklist!

Find more information and details →



Studying with a disability or chronic illness?

A disability or chronic illness might hinder studying. It can make it more difficult or cost more time and energy. Would you like to find out how the UvA can support you and how you can arrange this?

Watch the [video](#), visit uva.nl/disability, or register for an online information session on **18 September**, at 16:00 CEST.

You can now register for the event 'Studying with a disability' →

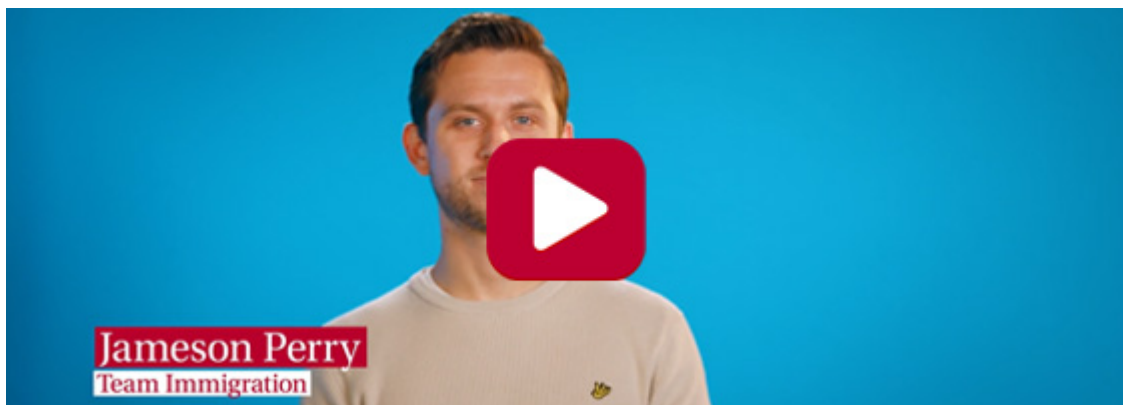


Health and wellbeing

Studying can be as challenging as it can be exciting! During this journey, the UvA supports your health and wellbeing through a great many services and initiatives. Study advisers, student psychologists and general practitioners are here for you, but so are CREA, the cultural centre, and seven UvA sports locations throughout Amsterdam. And did you know supervised dentistry students provide professional [dental care](#)? Whatever you need to study, there's a good chance you can **find it on our website**. Check out the overview online.

[Everything on health and wellbeing](#) →

Study progress monitoring

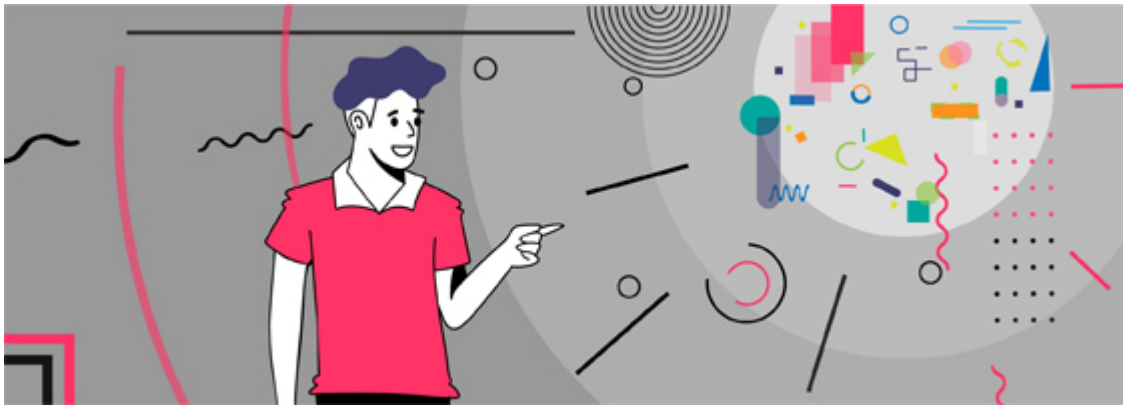


[This information applies to all students except Exchange students]

When you study at the UvA, you will have a residence permit which is valid for the duration of your studies. By Dutch law, you can keep this residence permit when you obtain at least 50% of the required credits for each academic year.

Watch the video to learn how the UvA monitors your progress.

[Find all details about study progress monitoring](#) →



Success Strategy Sessions

By now, you've started your first courses at the UvA. Do you feel like you could use something to boost your study experience? On **31 October** and **2 November**, UvA Student Services will host a series of workshops especially for first-year international students that will help you **kickstart your study skills and student life in Amsterdam**. Learn more about successful teamwork, planning, or dealing with social blues, and share your experiences with peers.

[Check out the available sessions →](#)

Student charter and code of conduct

The Students' Charter covers various topics of importance to UvA students, such as rules and regulations, rights, and duties. Find more info about studying in the Netherlands in the [Code of Conduct International Student in Dutch Higher Education](#).

[UvA Students' Charter →](#)



Travelling outside the Netherlands

Perhaps you'd like to travel outside the Netherlands during your studies. With a Dutch student residence permit, you are allowed to travel within the so-called [Schengen area](#). However, if you would like to visit a non-Schengen country, you

may need to apply for a visa at that country's embassy. Please see below for the difference between a visa and a residence permit:

- a visa allows you to travel to the Netherlands
- a residence permit allows you to stay in the Netherlands

Your residence permit takes precedence over your visa, so you can use your valid residence permit to re-enter the Netherlands, even if your visa has expired.

[Read more about Visa](#) →



Working in the Netherlands

[This information applies to all students except Exchange students]

Working during your studies

In Amsterdam, there are plenty of opportunities to add a little to your income during your studies. Regulations for non-EU/EEA students can be strict, so make sure you know them before applying. Select possibilities for internships or study-related sidejobs can be found through [UvA Job board](#) (log in with your UvAnetID).

After graduation: orientation year permit

If you are a non-EU/EEA student, you can apply for an orientation year permit. The Orientation Year permit allows non-EEA students to spend one year in the Netherlands to find a job. The [information session](#) 'Finding a job in the Netherlands', hosted monthly, can help you prepare.

[Find all rules and regulations regarding work and permits on \[uva.nl/work\]\(https://uva.nl/work\).](#)

University of Amsterdam

Editors: UvA Student Services. Contact us through the [UvA Central Student Service Desk](#).

You are receiving this newsletter to help you prepare for your study programme at the University of Amsterdam, once every two or three weeks, from June up to the first week of September.

Images: UvA Beeldbank, Unsplash and Freepik.



If you no longer want to receive this newsletter: [unsubscribe here](#)
