



UvA Start Newsletter

no. 2 - 7 December 2023

Dear ,

Sinterklaas has just left for his summer-retreat in Spain while here in Amsterdam the snow is in the air. Winter is coming. In this issue, you will find some **important topics to read up about**, such as the Students' Charter and money matters. But of course, we're not forgetting to add a little fun. Have you decided on **an interesting course at CREA or USC yet?** Enjoy planning your first semester!



ESN Winter Introduction

Get your student life in Amsterdam off to a great start, and sign up for the [ESN Amsterdam Winter Introduction 2023](#), the network for international students at the University of Amsterdam (UvA) and the Amsterdam University of Applied Sciences (AUAS).

The Winter Introduction (Wintro) will take place from **Thursday 1 February 2023 until Saturday 3 February 2024**. Here, you'll meet your fellow international students and become fully prepared for your stay in Amsterdam. Registration will open soon, so keep an eye on the website for more information on tickets and the programme.



Health and wellbeing

Studying can be as challenging as it can be exciting! During this journey, the UvA supports your health and wellbeing through a great **many services and initiatives**. Study advisers, student psychologists and general practitioners are here for you, but so are CREA, the cultural centre, and seven UvA sports locations throughout Amsterdam. Whatever you need to study, there's a good chance you can find it on our website. Check out the overview online.

Everything on health and wellbeing →



Money Matters

While you can't put a price on knowledge, studying certainly doesn't come cheap. Expect to spend about €975-€1,500 a month on living expenses alone, tuition fees not included. On our website you can find a [rough breakdown](#) to help you prepare financially.

Fees and funding

Several scholarships and loans are available to UvA students for them to finance their tuition and living expenses while studying in the Netherlands. If you wish

to apply, please note that **there are deadlines**. Also, consider it may take multiple weeks to complete applications, and that some must be applied for while you're still in your home country.

[Go to Fees and Funding →](#)



Student ID card

To borrow your books from the library or to safely park your bicycle: the student ID card is indispensable on campus. Request yours and apply by uploading a photo using your [UvAnetID](#). You can get this sorted **one month before your start at the UvA**. When your card is ready for pick-up, you will receive an e-mail about where to collect it. This may take several weeks.

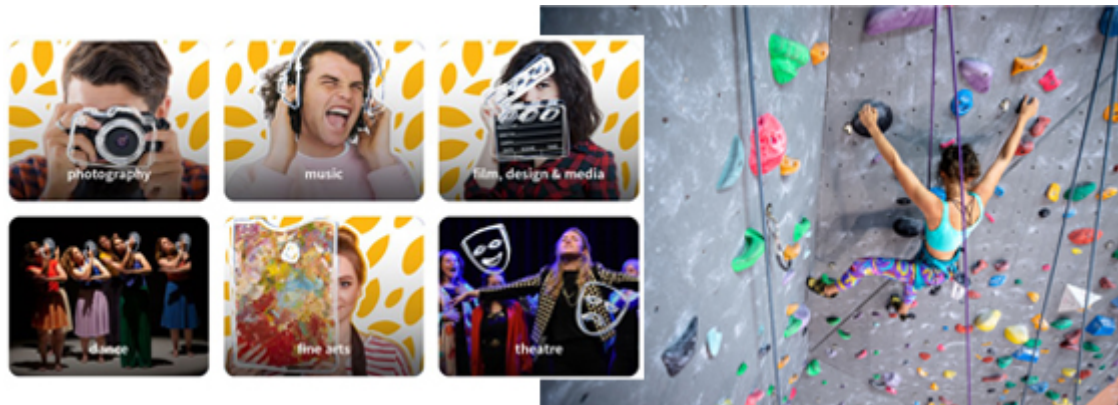
[Read more about how to apply for your student ID card →](#)



Students' charter and code of conduct

The Students' Charter covers **various topics of importance** to UvA students, such as rules and regulations, rights, and duties. Find more info about studying in the Netherlands in the [Code of Conduct International Student in Dutch Higher Education](#).

[UvA Students' Charter →](#)



Creativity and sports at the UvA

Cultural student center (CREA)

CREA is a great place to **meet creative minds**. On offer are courses in music, fine arts, dance, writing, media and much more. And if you're looking for a place to grab a coffee or have drinks, the CREA café is ideally located right in the middle of the Roeterseiland Campus.

Go to CREA →

University Sports Centre (USC)

Archery, bouldering, speed skating: the University Sports Centre offers students **a great variety of sports at discount rates**. The main building Universum, has a large gym, a climbing wall, squash courts and other facilities.

Go to the USC →

University of Amsterdam

Editors: UvA Student Services. Contact us through the [UvA Central Student Service Desk](#).

You are receiving this newsletter to help you prepare for your study programme at the University of Amsterdam, once every two or three weeks, from November up to the beginning of February.

[Previous editions](#) are available online (pdf).

Images: UvA Beeldbank, Unsplash and Freepik.



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