



UNIVERSITY OF AMSTERDAM



no. 7 - 3 September 2026

Arrived in Amsterdam

Dear **student**,

The academic year has finally begun! Thousands of you took part in the general introduction activities and got the new academic year off to a great start. We hope you are finding your way around campus, have your books sorted, and have already met some nice, like-minded people. **In this final edition, you'll find some last tips for your time at the UvA.**

We wish you all the best!

Registration period at the municipality of Amsterdam

If you are living in the municipality of Amsterdam, don't forget to register with the municipality. **The registration period runs until 17 September 2026**, and registration is mandatory for students living in Amsterdam. Don't forget this **important** item on your checklist!

[Find more information and details →](#)



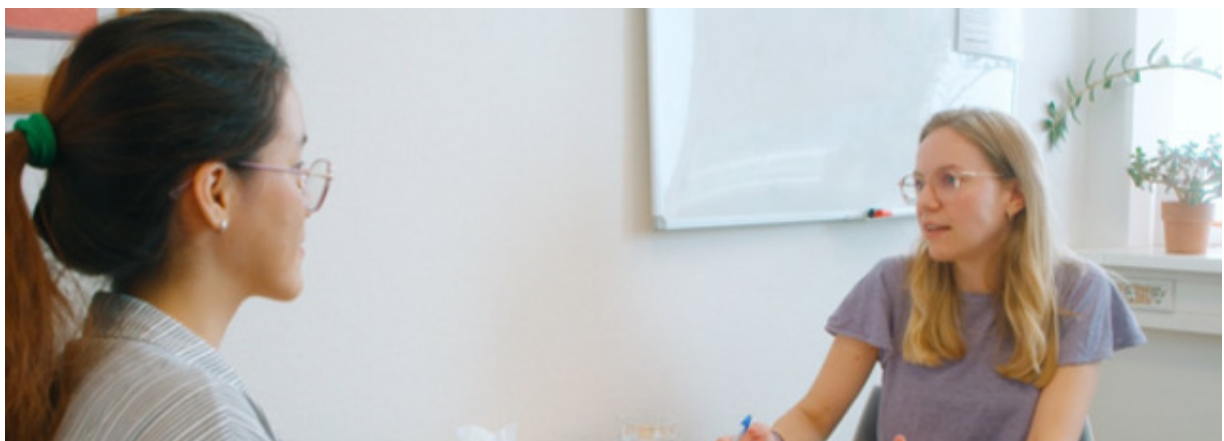
Become an international student ambassador

[This information applies to all students except Exchange students]

Want to help prospective international students get to know the UvA?
Applications are now open for our International Student Ambassadors team!

Our ambassadors help with answering prospective students questions and share personal experiences, so that they don't have to navigate their UvA journey alone.

Interested? Please sign up before 10 September →



Studying with a disability or chronic illness?

A disability or chronic illness might hinder studying. It can make it more difficult or cost more time and energy. Would you like to find out **how the UvA can support you and how you can arrange this?**

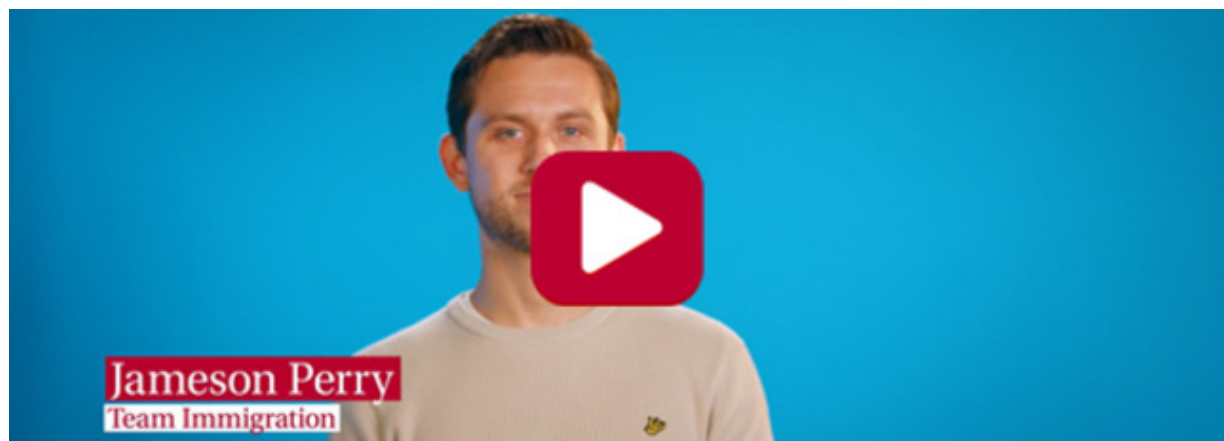
Go to student.uva.nl/disability →



Health and wellbeing

Studying can be as challenging as it can be exciting! During this journey, the UvA supports your health and wellbeing through a great many services and initiatives. Study advisers, student psychologists and general practitioners are here for you, but so are CREA, the cultural centre, and seven UvA sports locations throughout Amsterdam. And did you know supervised dentistry students provide professional dental care? Whatever you need to study, there's a good chance you can find it on our website. **Check out the overview online.**

[Everything on health and wellbeing →](#)



Watch the video ▲

Study progress monitoring

[This information applies to all students except Exchange students]

By Dutch law, you can keep your residence permit for the duration of your study programme when you obtain **at least 50% of the required credits**

for each academic year. This also applies if you want to switch programmes but keep an eye on the expiration date of your permit as you may need to submit an extension application if your studies take longer than you initially received the permit for.

Study Progress Monitoring also applies to Premaster's students. **A Premaster's programme must be completed within one academic year.** A pre-master can only be re-enrolled in if a student receives dispensation, and the programme can accommodate you the following year. **We will inform you** of your progress and any steps you may need to take later in the year.

Find more info about study progress monitoring →



Travelling outside the Netherlands

Perhaps you'd like to travel outside the Netherlands during your studies. With a Dutch student residence permit, you are allowed to travel within the so-called [Schengen area](#). However, if you would like to **visit a non-Schengen country, you may need to apply for a visa** at that country's embassy.

Please see below for the difference between a visa and a residence permit:

- A visa allows you to travel to the Netherlands
- A residence permit allows you to stay in the Netherlands

Your residence permit takes precedence over your visa, so you can use your valid residence permit to re-enter the Netherlands, even if your visa has expired.



Working in the Netherlands

[This information applies to all students except Exchange students]

Working during your studies

In Amsterdam, there are plenty of opportunities to add a little to your income during your studies. Regulations for non-EU/EEA students can be strict, so make sure you know them before applying. Select possibilities for internships or study-related side jobs can be found through [UvA Job board](#) (log in with your UvAnetID).

Find all rules and regulations regarding work and permits on the website [Working in the Netherlands](#).

After graduation: orientation year permit

If you are a non-EU/EEA student, you can apply for an [orientation year permit](#). The Orientation Year permit allows non-EEA students to spend one year in the Netherlands to find a job after graduation.

University of Amsterdam

Editors: UvA Student Services. Contact us through the UvA Central Student Service Desk.

You are receiving this newsletter to help you prepare for your study programme at the University of Amsterdam, once every two or three weeks, from June up to the first week of September. Previous editions are available [online](#).

Images: UvA Beeldbank, Unsplash and Freepik.



If you no longer want to receive this newsletter, [unsubscribe here](#).