

# Social Safety Support Guide

We want students to be assured they have a positive environment and a safe basis for their studies. We hope you never experience an unsafe situation or undesirable behavior at the UvA, but should this occur there are different individuals and institutions you can turn to. The overview below shows you the way. Depending on the circumstances, you may want to discuss an undesirable situation with a lecturer, programme coordinator or study advisor first. If, for whatever reason, this is not possible, you can use one of the other options listed here.

When you talk to someone they may also refer you to these options. For the most up-to-date information go to [uva.nl/socialsafety](http://uva.nl/socialsafety).

If you have experienced or are experiencing undesirable behaviour (such as sexual intimidation aggressive or violent behaviour, bullying and discrimination) you can contact one of the [confidential advisers for undesirable behaviour](#). They can provide support and help look for a way to stop or de-escalate the undesirable situation. Where relevant they will refer you to professional care and assistance. They can also help you submit a claim to the Complaints Committee.

The [ombudsperson](#) is an independent figure you can contact when you encounter structural problems and injustices within the UvA. You can do so confidentially and without formalities. If the Ombudsperson considers it necessary, they can mediate between parties and/or carry out an independent investigation.

If you want to submit a formal complaint about the conduct of a UvA staff member or institution, you can turn to the [Complaints Committee](#). The procedure for handling complaints is laid down in the Regulations for Employee and Student Complaints Procedures at the University of Amsterdam.

You can turn to a [student counsellor](#) if you are experiencing an unsafe or personal situation that is affecting your studies. The student counsellor can provide support and can refer you to external bodies. You can also contact a student counsellor for support relating to other personal circumstances affecting your studies, for example if you have a disability, or if you want to combine studying with top-level sport.

If you experience problems (such as undesirable behaviour or conflict) with a fellow student during a lecture or tutorial, your first point of contact to discuss this is your lecturer or tutor. You can also contact a confidential adviser for undesirable behaviour or a study adviser. If necessary the study adviser can pass your report on to the director of education of your school or college. This applies equally whether your lecture or tutorial took place online or on-campus.

If you have questions or complaints relating to academic integrity you can contact a confidential adviser for academic integrity. They can also inform you about the procedure for submitting a complaint to the [Academic Integrity Committee](#).

As a student you can register with the [UvA's General Practitioners Practice](#). The student doctors are specialized in treating mental and physical complaints affecting students, including issues relating to social safety. You can talk to them if you are sick, feeling down or have health concerns, and also if you are experiencing undesirable behaviour on the part of a fellow student or a UvA staff member.

If you are experiencing psychological problems as a result of a socially unsafe situation, the [student psychologists](#) provide the possibility to talk about this in an initial, exploratory appointment. They can also advise you and refer you to other sources of support. You can also turn to the student psychologists if you are experiencing psychological or mental issues that are affecting your studies, such as a fear of failure or study stress.

gossiping threatening  
discrimination **unsafe** bullying injustices  
intimidation violence conflict  
stalking aggression

Have you experienced undesirable behaviour?

Do you want to discuss structural problems or injustices?

Are there circumstances affecting your ability to study, or do you have a disability or impairment?

Do you want to submit a complaint regarding undesirable behaviour?

Do you have a question or complaint relating to academic integrity?

Have you experienced undesirable behaviour on the part of a fellow student?

Do you have concerns or complaints relating to your health?

Are psychological or mental issues affecting your studies?

**In emergencies and dangerous situations: the UvA's Central Control Room and [uva.nl/veilig](http://uva.nl/veilig).**  
In an emergency call the Central Control Room of the UvA on the central emergency number: +31 (0)20 525 2222. In the case of an extremely unsafe situation (such as stalking or threats) also report this to the police. Were you involved in an unsafe situation or (near) accident? Report it via [www.uva.nl/veilig](http://www.uva.nl/veilig).

Read more about social safety at [www.uva.nl/socialsafety](http://www.uva.nl/socialsafety)

**Outside the UvA:**

- Your own GP or therapist
- Sexual Assault Center (CSG): [www.centrumseksueelgeweld.nl/en](http://www.centrumseksueelgeweld.nl/en) or 0800 - 0188
- The police: If a punishable offense has been committed you can report this to the police. In case of an emergency call the emergency number 112. If it is not an emergency call 0900 - 8844.
- Veilig thuis - help in case of domestic violence [www.020veiligthuis.nl/english](http://www.020veiligthuis.nl/english) or 0800 2000
- Jellinek expert on alcohol, drugs and addiction [www.jellinek.nl/english](http://www.jellinek.nl/english) or 088-505 1220
- 113 Suicide prevention [www.113.nl/english](http://www.113.nl/english) or 0800-0113



**Code of conduct**

The UvA has a **code of conduct** that applies to everyone who works and studies at the university. This sets out how we should treat each other and what to do when undesirable behaviour occurs.