

She holds a master's degree in sociology and an MBA from Tribhuvan University in Nepal and a certificate of nonprofit management from Open University in the United Kingdom. She has long-term work experience in the fields of women, children, public health and human rights. She is also a member of various global and national networks related to women, children, human rights and public health such as Girls not Brides (GNB) and International Child Helpline (CHI). She held the position of project director in a pioneering child rights organization in Nepal called "Child Labor of the Nepal Concern Center". She has designed, led and completed multiple multi-country, multi-stakeholder and national projects related to women, children, human rights, alcoholism, drugs and development.